

CINNAMINSON TOWNSHIP
PARKS AND RECREATION
1621 MANOR ROAD
CINNAMINSON, NJ 08077
Phone: (856) 829-6000, ext. 2362



2023 FREE Power Pilates

Cinnaminson Township is sponsoring a FREE Pilates program for Cinnaminson Township residents ages 13 – Adult. The program is led by Lisa Gehringer. Please bring a mat and light weights. The program is being offered from September 18 – November 20 and will be held on Mondays at New Albany School from 6:30pm-7:30pm. No class on October 2 & 9. This is a FREE program!

Power Pilates – Fall 2023

Name _____ Age _____

Address _____ Town _____ Zip _____

Phone _____ Emergency Phone _____

Email _____

I, _____, the parent/guardian

of _____

do hereby consent to allow my child to participate in this program sponsored by Cinnaminson Township. I certify that he/she is in proper physical condition for safe participation. I understand and recognize that there may be risk of injury by participation in this program. I agree to indemnify and hold harmless Cinnaminson Township and their agents and employees from any injuries my child may sustain by participating in this program. As the participant (if applicable), I also agree to hold harmless Cinnaminson Township and their agents and employees from any injuries I may sustain by participating in this program.

Signature _____

PLEASE DETACH THE BOTTOM HALF OF THIS FLYER AND RETURN TO THE ADDRESS AT THE TOP OF THIS PAGE OR EMAIL TO CTURNER@CINNAMINSONNJ.ORG